



*Specializing In Home Compression Therapy*

# Features and Benefits Comparison Flexitouch vs. Lympha Press Optimal

F/B	Flexitouch	Optimal	Comment
HCPCS code	E0652	E0652	
Number of Chambers	26/32	12/24	
Pressures	45-75	20-90	
Pretherapy	X	X	
Sequential		X	
Peristaltic	X	X	Flexitouch has “standard” and “intense” option for distal chambers only
Gradient adjustable		X	
Treatment time adjustable		X	
Repeat over specific areas	X		
Patient lock		X	
Bilateral treatment		X	
Genital treatment		X	
Abdominal treatment	X*	X	*Flexitouch treats one side only
Chest treatment	X*	X	*Flexitouch treats one side only
Overlapping chambers		X	
Cleanable garments		X	
Durable garments		X	
Easy don/doff		X	

### General Comments:

#### 1. Treatment Modes:

Flexitouch inflates one chamber at a time. This can cause backflow as the lymph fluid is pushed in all directions. The Optimal inflates either sequentially or peristaltically, with at least two chambers inflated at any one time, to prevent backflow

Flexitouch inflates briefly, to pressures up to 75 mmHg. The Optimal’s pressure is selected by the user and is maintained long enough for the lymph fluid to move to alternate pathways.

#### 2. Unilateral vs. Bilateral Treatment

Flexitouch can only treat one leg or one arm at a time. Lympha Press treats both unilaterally and bilaterally as needed.

Flexitouch chest and abdominal garments treat only one side of the chest or abdomen. The Lympha Pants and Lympha Jacket treat both sides of the torso.

#### 3. Garments

Flexitouch garments are difficult to don and doff. Lympha Press garments are easy to put on, fasten and remove.

#### 4. Clinical Evidence

Flexitouch has very little published medical articles, and these are only small case reports or patient satisfaction surveys. Lympha Press has over 30 years of published medical research, including clinical trials and long term studies, proving its effectiveness and safety.